Humber Teaching
NHS Foundation Trust

Do you feel pressured into doing things you DON'T want to do?

Do you feel anxious or scared?

Are you able to say NO?

This is NOT Healthy. This is ABUSIVE.

- Young people experience the highest rates of domestic abuse of any age group.
- Research has shown that Young People have worryingly high levels of acceptance of abuse within relationships.
- Abuse can occur in relationships regardless of Gender, Age, Ethnicity or Sexual Orientation.

PRODUCED IN COLLABORATION WITH LIVED EXPERIENCE

For more information or support, scan this QR code: