Humber Teaching
NHS Foundation Trust

Do you feel pressured into doing things you DON'T want to do?

Do you feel anxious or scared?

Are you able to say NO?

- Young people experience the highest rates of domestic abuse of any age group.
- Research has shown that Young People have worryingly high levels of acceptance of abuse within relationships.
- Abuse can occur in relationships regardless of Gender, Age, Ethnicity or Sexual Orientation.

PRODUCED IN COLLABORATION WITH LIVED EXPERIENCE

For more information or support, scan this QR code: